

ESSO FUN DAY *for Girls & Women*

Thursday, November 9, 2006

The AUD, KITCHENER (400 East Ave)

GIRLS' SESSION	Registration: 6:00pm	On-Ice Session: 6:30pm-7:30pm	Off-Ice Activities: 7:45pm-8:45pm
WOMEN'S SESSION	Registration: 6:15pm	Off-Ice Activities: 6:30pm-7:30pm	On-Ice Session: 8:00pm-9:00pm

**Daughters, Moms, Aunts,
Sisters, Grandmas,
do you want to give
ice hockey a try?
Girls & women of all ages
are invited to join in an
Esso FUN Day on
Thursday, Nov 9th at
The Aud
in Kitchener!**



FREE!

**EXPERIENCE
HOCKEY**



Female Hockey For FUN



JOIN in the FUN

Over 35,000 girls & women play hockey in Ontario! Come & experience one of Canada's fastest growing sports. The day's registration is **FREE** and all that is asked is for you to come to the rink & have **FUN**. Each participant will receive one-hour on-ice instruction and a one hour off-ice team builder session.

This Esso FUN Day is a part of the 2006 Four Nations Cup & coordinated through the OWHA & Hockey Canada.

www.owha.on.ca

www.hockeycanada.ca

**Questions? Please email or call:
info@owha.on.ca
(905) 282-9980**

**Hey OWHA Players,
Bring-a-Friend (or your Mom!)
to give hockey a try! She can borrow your equipment.
You can come along & help her...and cheer her on!**

**PLEASE
REGISTER NOW!
FIRST COME,
FIRST SERVED**

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ESSO FUN DAY – The AUD, Kitchener (4 Nations Cup)

Please **Register by Nov 8th** to: Esso FUN Days, c/o OWHA - #3-5155 Spectrum Way, Mississauga, ON L4W 5A1

Fax: (905) 282-9982 You may also register via email. Please send requested information to info@owha.on.ca

Name: _____

Address: _____ City: _____

Postal Code: _____ Email: _____

Tel: (____) _____ Fax: (____) _____

Age: _____

Minimum Equipment Requirements

- ☺ Skates
- ☺ Helmet & Facemask
- ☺ Gloves
- ☺ Elbow Pads
- ☺ Shin Pads
- ☺ Throat Guard
- ☺ Hockey Stick

Borrow from family & friends!

Hockey Experience: None Shiny A Long time ago!
 Skating Ability: This will be my first time! Novice Comfortable on Skates

Successful registrants will receive confirmation by email, fax or telephone