

# OWHA Goalie Clinic



*Great learning opportunity for both  
GOALIES and COACHES!*

*All ages and all skill levels are welcome*

The Ontario Women's Hockey Association in conjunction with the Hockey Canada National Women's U-22 Camp, is offering a unique **GOALIE CLINIC** for both **OWHA GOALIES & COACHES**.

Special Guest Speakers include: **Cathy Phillips, Team Canada Goaltender**

Date: **Tuesday, August 14, 2007**

Start Time: **5:30pm-7:30pm**

Place: [Canlan Ice Sports - York](#)

Cost: **FREE** for OWHA Goalies & their Coaches

Game Ticket: Please reserve me \_\_\_\_\_ tickets (@ \$5.00 ea) for the National Women's Under 22 vs CIS game (8pm, Aug 14)

Please pre-register by Emailing: [info@owha.on.ca](mailto:info@owha.on.ca) or Fax: (905) 282-9982

Goalie Equipment is  
not needed. All  
activities will be off-ice.

**Goalie's Name:** \_\_\_\_\_ **Age:** \_\_\_\_

**OWHA Team Name:** \_\_\_\_\_

**Division/Category:** \_\_\_\_\_

**# Years playing goal:** \_\_\_\_\_

**Experience:**  AA  A  BB  B  C  HL

**Goalie's Email:** \_\_\_\_\_

**Goalie's Tel #:** (\_\_\_\_) \_\_\_\_\_

**Goalie's Fax #:** (\_\_\_\_) \_\_\_\_\_



**Coach's Name:** \_\_\_\_\_

**Coach's Email:** \_\_\_\_\_

**Coach's Tel #:** (\_\_\_\_) \_\_\_\_\_

**Coach's Fax #:** (\_\_\_\_) \_\_\_\_\_

*While you are at the rink  
catch some  
U-22 Camp Action!*

## **Team White vs CIS**

Game Time: 8:00pm  
Canlan Ice Sports-York  
Tickets: \$5.00ea



**Registrants will receive confirmation by email or telephone**

Date Rec'd: \_\_\_\_\_

Confirmed

# OWHA Goalie Clinic

Date: **Tuesday, August 14, 2007**  
Start Time: **5:15pm-7:45pm**  
Place: [Canlan Ice Sports - York](#)



Special Guest Instructors include:

**Cathy Phillips, Team Canada Goaltender, Ass't Coach, Team Ontario**  
**On-Ice Instructor: TBA**

- Welcome & Introductions
- Clinic Outline
- Fundamentals of Goaltending – in-class session
- Fundamentals of Goaltending – on-ice demonstration
- Behind the Mask - Mental Preparation
- Goalie Equipment
- Q & A



*While you are at the rink, catch some U-22 Camp Action!*

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Tickets: \$5.00 ea

