

TEAM SUNOHARA – THE POWER OF LEADERSHIP!

Vicky was born on May 18, 1970 in Scarborough, Ontario and was once considered the best female ice hockey player in the world.

Hockey Achievements:

- Team Canada Olympic Gold medal 2006
- Won 2006-07 NWHL Championship
- She was the captain or alternate Captain of the Canadian National Team since 2001
- NWHL Central Division Champions 2003-2004
- Team Canada Olympic Gold medal 2002
- Team Canada Olympic Silver medal 1998
- Six time World Championship Gold 1990, 1997, 1999, 2000, 2001, 2004
- Vicki was the all-time team leader with six game-winning goals at the World Championships
- Captain of the Brampton Thunder of the NWHL
- Face-Off Leader at the 2000 Women's World Hockey Championships
- Won bronze while playing with the Beatrice Aeros at the 1999 Esso Women's National Championships
- Provincial Champs 02-03
- 04/05 NWHL Central Division Championship
- Member of the University of Toronto Blues from 1990 to 1992, twice winning the OWSA Senior AA Championships
- Named to the All-American All-Star Team in 1989 – 1990 while attending Northeastern University
- Member of the Eastern College Conference Championship if 1988-1999

Other Achievements:

- Owner of the Vicky Sunohara Female Hockey School in Whitby, Ontario
- One of her proudest moments – the delivery of her twin boys in 2009
- Toronto's final torchbearer and lit the cauldron at Nathan Phillips Square on December 17, 2009
- Was named an inaugural member of the Scarborough Walk of Fame in 2006
- Inducted into the Brampton Sports Hall of Fame in 2002
- Scarborough Titans flag football - SWFFL "C" Division Champions 2002

Education:

- Northeastern U. & University of Toronto

TEAM POUNDER – THE POWER OF MOTIVATION!

Cheryl was born on June 21, 1976 in Montreal, Quebec, but considers Mississauga, Ontario her home. Cheryl started her national career at the age of 17 in 1994.

Hockey Achievements:

- Canada Olympic gold medal 2006
- Five World Championship gold medals (1994, 1999, 2000, 2001, 2004) and one silver (2005)
- Named top defenceman in the 2005 World Championship
- Named MVP at the 2005 Esso National Championship
- Seven Nations Cup gold medals (1996, 1998, 1999, 2001, 2002, 2004, 2005) and one silver (2003)
- All-Star selection, 2005 IIHF women's world hockey championships
- Canada Olympic gold medal 2002
- Named to the OUA All-Star team in each of her 4 years at Wilfred Laurier
- Named MVP after the 1997-98 season
- Named the OUA Rookie of the year after the 1995-96 season
- Captain of the Wilfred Laurier team
- Captain of Team Ontario at the first Under-18 National Championship in 1993
- Played for the Toronto Aeros in the OWHA
- Played for the Mississauga Girls Hockey Association in the OWHA, winning many Provincials

Other Achievements:

- Degree in kinesiology
- Runs a hockey school with Becky Kellar
- Olympic torchbearer and lit the Mississauga Community cauldron on December 19, 2009
- Mississauga Sports Award recipient on June 7, 2007
- Motivational Speaker
- Welcomed first child on January 25, 2008 and expecting second very shortly

Education:

- Wilfred Laurier University

TEAM NYSTROM – THE POWER OF TEAM PLAY!

Karen was born on June 17, 1969 in Scarborough, Ontario

Hockey Achievements:

- Canada Olympic Silver Medal 1998
- Four World Championships (1997, 1996, 1994, 1992)
- Three Nation Cups (1997, 1996, 1992)
- Won COWHL scoring title in 1991-92 and runner-up in 1990-91, 1992-93 and 1996-97
- Member of the Newtonbrook Panthers
- COWHL All-Star Team every year from 1989 to 1997
- OWHA champion with Scarborough Firefighters, 1985 – 1991
- Silver medalist with the Scarborough Firefighters during the 1993 – 1994 season
- Ontario Winter Games Gold Medalist team in 1985 and 1987

Other Achievements:

- UOIT Women's Varsity Head Coach
- UOIT Ridgebacks assistant coach
- U-18 Team ONTARIO Assistant Coach - Gold Medal
- Former assistant coach of the Toronto Jr. Aeros

Education:

- Northeastern University
- Ohio State University
- Bowling Green University

Occupation:

- Customer Service Manager at Under Armour since October, 2009
- Senior Business Manager at Nike Canada Inc. 1995 – May, 2009
- Strategic Account Supervisor at Nike Canada Inc. 1997 – 2004

TEAM HEANEY – THE POWER OF DEFENCE!

Geraldine was born on October 1, 1967 Belfast, Northern Ireland and sometimes called the “Bobby Orr of women’s hockey.” From her debut with the Beatrice Aeros at the age of 13 to an Olympic gold medal in 2002 at the age of 34, few have had the career that Geraldine Heaney can lay claim to. The first woman to win seven consecutive IIHF World Women’s Championship gold medals. During her 125-game career as an anchor on the Canadian blueline, Heaney is far and away the leading scorer among Canadian defensemen, and the fifth-highest total of all time.

Hockey Achievements:

- Canada Olympic Gold Medal 2002
- Canada Olympic Silver Medal 1998
- Seven Women’s World Championships (1990, 1992, 1994, 1997, 1999, 2000, 2001)
- Nations Cup Championships (1997, 1996)
- Named Most Valuable Defense at 1994 World Championships
- Named Most Valuable Defense and All-Star Team in 1992 World Championship
- 1990-91 and 1992-93 National Champion with Toronto Aeros
- Played in the National Championships 1987 to 1997
- Most valuable player at 1992 National Championships and most valuable defence in 1993 and 1997
- 1994 National Bronze Medalists with Toronto Aeros
- Most valuable defence in OWSA Senior AA in 1992-93, 1990-91 and 1987-88

Other Achievements:

- In 2008, part of the first group of female hockey players to be inducted into the IIHF Hall of Fame
- Member of the 1992 World Champion Roller Hockey team and 1994 World Roller Hockey Silver Medalist
- Only woman to be featured in Hockey Night in Canada's top ten goals for the 1989-90 season

Occupation:

- Head Coach for the University of Waterloo Women’s Hockey Team

TEAM PHILLIPS – THE POWER OF POSITIVE!

Cathy Phillips got her start in women's hockey as a player in the 1970s. A goaltender, Phillips competed in the inaugural Canadian national senior female hockey championship and was in net for her team's win in overtime in 1982. Cathy was in goal for Team Canada's gold medal win in the First Women's World Hockey Tournament in 1987. Again, Cathy was in goal for Canada's gold medal win in the inaugural IIHF World Championship in 1990 in Ottawa.

Two months after the 1990 world championship, Phillips was diagnosed with a brain tumor, which ended her elite playing career. She faced life-threatening surgery with the same intensity she played hockey. Throughout her recovery, Cathy maintained a positive attitude. Phillips' many supporters organized the "Winning the Big One with Cathy Phillips" celebrity hockey game, with money raised being donated to the Heart & Stroke Foundation. Through it all, one thing has remained constant and that is Phillips' dedication to the female game. Her work continues to have a positive impact on women's hockey worldwide. She is an outstanding athlete and role model.

Hockey Achievements:

- 14 top goalie awards in 16 years of competition
- 2 MVP awards for COWL (Central Ontario Women's Hockey League, the forerunner of the NWHL and CWHL)
- World Championship gold's (1987, 1990)
- 4 gold's, 1 silver and two bronze in women's Canadian National Championships
- Canada Winter games gold medal in 1995
- Continues to play recreational hockey
- coaches

Other Achievements:

- 2005 - Isobel Gathorne Hardy Award, presented by ESSO, is attributed to an active player at any level of the game, whose values, leadership and personal traits are representative of all female athletes. The award recognizes a player that has demonstrated strong community involvement and dedication to the game of hockey.
- Continues to coach and play within the OWHA

TEAM DUPUIS – THE POWER OF SPEED AND AGILITY!

Lori was born on November 14, 1972 in Williamstown, Ontario. She played female hockey in Cornwall and later attended the University from 1991 – 1997 where she earned an Honours B.A. in French and Geography while playing for the U of T Blues. The team won four championships during her University career and she captained the team for three seasons.

Lori started her National Team career in 1994. She won 3 World Championships ('97, '99, '00). She was part of the team in 1998, which was the first ever Olympic Games for Women's Hockey, where they captured the silver medal in Nagano, Japan. Her career continued where she and her teammates went on to win one of the most coveted gold medals in Canadian history (first gold medal in 50 years by a Canadian team) at the 2002 Winter Olympic Games in Salt Lake City. She retired in 2005 having played 119 games. During her 11 year career with the National Women's Team, she recorded 28 goals and 39 assists.

She is presently playing with the Brampton Thunder in the Canadian Women's Hockey League, co-owns a hockey school with teammate Jayna Hefford which is based out of Kingston, Ontario and is now pursuing a career as a mortgage planner with Mortgage Architects.

Hockey Achievements:

- Won 2006-07 NWHL Championship
- Canada Olympic Gold 2002
- Canada Olympic Silver 1998
- Three World Championships (1997, 1999, 2000)
- Four team Championships with the University of Toronto Blues (she captained the team for three seasons)
- NWHL Central Division Champions
- Played with the Cornwall Wolverines since the age of 10 winning OWHA Provincial Championships at the B and C levels

Other Achievements:

- Brampton Hall of Fame (2002)
- Cornwall Hall of Fame (2002)
- Runs a successful hockey school with Jayna Hefford

Education:

- University of Toronto

Occupation:

- Mortgage Broker

TEAM WEATHERSTON – THE POWER OF DETERMINATION!

Katie was born on April 6, 1983 in Thunder Bay, Ontario

Hockey Achievements:

- Canada Olympic Gold 2006
- 3 Golds with Team Canada
- 2 Nations Championships (2004, 2005)
- Under 22 Team (2004, 2005)
- Named to the New England Writers Association Team, second team All-Ivy and All-ECAC and third team All-USCHO in 2004-2005
- Named to the 2003 ECAC All-Rookie Team, and All-Ivy Rookie Team, and was a 2003 ECAC All-Star Honourable Mention
- National Women's Under-18 Challenge for Team Ontario Blue in 2001
- Played with Thunder Bay in the OWHA

Other Achievements:

- Under 19 National Soccer Team 2001
- Team Ontario Soccer Team 2000

Education:

- Dartmouth College

TEAM JAMES – THE POWER OF SCORING!

Angela James was born on December 22, 1964 in Toronto, Ontario and has been described by some as aggressive like Mark Messier, with the pure goal scoring talents of Mike Bossy, while others describe her as the “Wayne Gretzky of women’s hockey”. A four IIHF World Women’s Championship gold medalist, her 11 goals and 13 points in 1990 are still single-tournament Canadian records.

Hockey Achievements:

- Four world championship gold medals (1990, 1992, 1994, 1997)
- Team Canada All-Star Forward (1990, 1992)
- Team Canada leading scorer (1992)
- Won a medal in over 12 National Championships, selected MVP eight times
- Numerous OWSA provincial and league championships. Highest scorer for eight seasons, MVP for six
- Team Canada roller hockey gold medalist (1992) and silver medalist (1994)
- National Ball Hockey Champions and All-Star Forward (1989, 1991)
- Women in Sport Enhancement for the City of Toronto (1992)
- Youth of the Year Award (1985)

Other Achievements:

- induction into Canadian sports hall of fame 2009
- Re-naming of Flemingdon Park arena to Angela James Arena 2009
- Owns the Breakaway Adult Hockey School
- In 2008, part of the first group of female hockey players to be inducted into the IIHF Hall of Fame
- Angela James Bowl created in 2008 – trophy awarded to the Canadian Women’s Hockey League’s top scorer
- Induction into the black hockey and sports hall of fame 2006
- Induction into the OCAA hall of fame 2006
- Female Breakthrough Award 2005
- Inducted into the Ontario Ball Hockey Association Hall of Fame
- Team Canada roller hockey gold medalist (1992) and silver medalist (1994)
- National Ball Hockey Champions and All-Star Forward (1989, 1991)
- Women in Sport Enhancement for the City of Toronto (1992)
- Youth of the Year Award (1985)

Education:

- Seneca College

Occupation:

- Sports co-ordinator at Seneca College

TEAM OFFICIALS

The officials are under the guidance of Laurie Taylor-Bolton, the Ontario Women's Hockey Association's Referee-in-Chief.

Laurie graduated from the University of Toronto with a degree in psychology and playing for the Varsity Blues and is a full time OPP officer and Mom, living in Barrie, Ontario.

Laurie was part of the team at the Women's World Hockey Championships in Kitchener, Ontario in 1997 – first time we had all women referees in an International Ice Hockey Federation, having previously worked the lines at the world championships in Lake Placid, N.Y. in 1994. She was also a referee at the Pacific Rim Championship in 1996, the Three Nations Cup in 1996 and 1997, and at the Women's World Championship tournaments in 1994 and 1997.

Laurie also represented the OWHA referring at the first Olympics for female hockey in Nagano in 1998.

Laurie was part of the Newtonbrook Panthers AAA team and along side fellow teammates Vicky Sunahara, Karen Nystrom, Angela James and Lori Dupuis.

Laurie not only spends hours with the officials in the OWHA programme, she continues to officiate in our programme and is now one of the coaches with her daughter's team.