



AUGUST 2010 FEMALE HOCKEY SUPER CAMP



The Ontario Women's Hockey Association is pleased to partner with Hockey Canada for an exciting month of female hockey at the Mastercard Centre in Etobicoke!

Activities run from August 1st through August 19th. Hockey Canada's National Women's Under 22 and Under 18 players will be participating in a number of training and selection camp activities. At the U22 level, Team Canada will also play a 3-game series against Team USA on August 18, 19 and 21.

All games are free of charge!!

Throughout the month, there are a number of wonderful development opportunities for OWHA players and coaches.

OWHA DEVELOPMENT OPPORTUNITIES

AUGUST 11th

**DEVELOPMENT OPPORTUNITY – WOMEN 16 and OVER WANTING TO PLAY HOCKEY
Adult Women's ESSO Fun Day**

<http://event.hockeycanada.ca/Questionnaire/Questionnaire.aspx?EQID=7fe4e638-f2d2-4658-8b0e-0ce289c4c331>

AUGUST 14TH – YOUTH ESSO FUN DAYS (PAT TO SPEAK WITH LOCAL COMMUNITIES)

AUGUST 15TH - YOUTH ESSO FUN DAYS (TBD FOR ICE)

AUGUST 15th

**DEVELOPMENT OPPORTUNITY – SKILLS CAMPS
FEMALE ATOM SKILLS CAMP – OWHA ATOM PLAYERS
Atom Skills Camp – Registration Link**

<http://event.hockeycanada.ca/Questionnaire/Questionnaire.aspx?EQID=8fdc373f-69e4-44cc-912e-d4c1fe3a21bd>

**FEMALE PEEWEE SKILLS CAMP – OWHA PEEWEE PLAYERS
PeeWee Skills Camp – Registration Link**

<http://event.hockeycanada.ca/Questionnaire/Questionnaire.aspx?EQID=d7fbaf3b-cf8a-4b03-85d8-8d3d973b29ab>

AUGUST 20th and 21st

**DEVELOPMENT OPPORTUNITY – FEMALES INTERESTED IN COACHING FEMALE
HOCKEY**

We are Coaches

<http://event.hockeycanada.ca/Questionnaire/Questionnaire.aspx?EQID=c4541275-a855-4964-92bb-8d13dfe254ab>

AUGUST 20, 21 and 22

**HIGH PERFORMANCE COACHING SEMINAR – INTERMEDIATE & MIDGET AA
COACHES**

NATIONAL TEAM ACTIVITIES

August 1st to 4th National U22 and U18 Goaltending Camp

August 8 Game Day

Rink 2 (SE The Leafs) U18 Rink

U18 Team Red vs. U18 Team White

6:30 warm up, ice clean

7:00-10:00 pm Game

Rink 3 (NE The Marlies) U22

U22 Team Yellow vs. U22 Team Blue

August 9 Game Day

Rink 2 (SE The Leafs)

U18 Team Red vs. U22 Team Yellow

6:30 warm up, ice clean

7:00-10:00 pm Game

Rink 4 (NW Community)

U18 Team White vs. U22 Team Blue

August 10 Game Day

Rink 2 (SE The Leafs)

U18 Team White vs. U22 Team Yellow

6:30 warm up, ice clean

7:00-10:00 pm Game

Rink 4 (NW Community)

U22 Team Blue vs. U18 Team Red

August 13 3 on 3 Game Day

Same schedule both rinks

All players re-divided into 8 teams, U22 & U18 mixed

Each team has 3 D, 6Fs, 1G, 3 x 10 minutes stop time, 5 minute warm up

Rink 2 (SE The Leafs)

10:15-11:30 Team 1 vs. Team 2

11:45-1:00 Team 5 vs. team 6

1:15-2:30 Team 1 vs. Team 4

2:45-4:00 Team 5 vs. Team 8

4:15-5:30 Team 2 vs. Team 4

5:45-7:00 Team 6 vs. Team 8

Rink 4 (NW Community)

10:00-11:15 Team 3 vs. Team 4

11:30-12:45 Team 7 vs. Team 8

1:00-2:15 Team 2 vs. Team 3

2:30-3:45 Team 6 vs. Team 7

4:00-5:15 Team 1 vs. Team 3

5:30-6:45 Team 5 vs. Team 7

August 14 Game Day

Rink 2(SE The Leafs) U18 Rink

U18 Team Red vs. U18 Team White

1:30 warm up, ice clean

2:00-5:00 pm Game

Rink 3 (NE The Marlies) U22 rink

U22 Team Yellow vs. U22 Team Blue

August 16 game Day

Rink 2 (SE The Leafs)

U22 team vs. U18 Team

6:45 warm up, ice clean

7:15 -9:30 Game

August 18 Game day

Rink 3 (NE The Marlies)

Team Canada U22 vs Team USA U22

7:45 pm Warm up, Ice Clean

8:15-10:30 pm Game

August 19 Game Day

Rink 4 (NW Community)

Team Canada U22 vs Team USA U22

6:45 pm Warm up, Ice Clean

7:15-9:30 pm Game

August 21 Game Day

Rink 2 (SE The Leafs)

Team Canada U22 vs Team USA U22

6:45 pm Warm up, Ice Clean

7:15-9:30 pm Game